

# Ab

# WEEKLY ARE 5.0 PREP SCHEDULE

STUDY TIME : 21 HOURS/WEEK | 8 WEEKS

+	+	+	+	+	01	+	+	+	+
+	+	+	+	+	INTRO & SYSTEMS	+	+	+	+
+	+	+	+	+	02	+	+	+	+
+	+	+	+	+	SYSTEMS & CONSTRUCTION	+	+	+	+
+	+	+	+	+	03	+	+	+	+
+	+	+	+	+	CONSTRUCTION, SITE & BQS	+	+	+	+
+	+	+	+	+	04	+	+	+	+
+	+	+	+	+	CODES, BQS, & FLASHCARDS	+	+	+	+
+	+	+	+	+	05	+	+	+	+
+	+	+	+	+	PRACTICE EXAMS: PPD, PDD, PA & DEMONSTRATION EXAM	+	+	+	+
+	+	+	+	+	06	+	+	+	+
+	+	+	+	+	PRO PRACTICE, BQS, & FLASHCARDS	+	+	+	+
+	+	+	+	+	07	+	+	+	+
+	+	+	+	+	PRACTICE EXAMS: PjM, PcM, CE	+	+	+	+
+	+	+	+	+	08+09	+	+	+	+
+	+	+	+	+	TAKE ALL REMAINING EXAMS	+	+	+	+

# LET'S GET YOU LICENSED!

\* Additional steps to reinforce long-term recall

## WEEK 1:

-Systems: Thermal Section, HVAC Section, Plumbing Section, Electricity Section, Acoustics Section, Lighting Section

\* When you get tired of the screen, spend 10 minutes each day flipping through the last day's material in the workbook to refresh your memory.

## WEEK 2:

-Systems: Miscellaneous Section, Practice Problems

-Construction: Roofs Section, Wood Section, Steel Section, Concrete Section

\* 10 minutes each day reviewing the last day's material plus one 30-minute review of Week 1 material.

## WEEK 3:

-Construction: Masonry Section, Enclosure Section, Structures Section

-Site: All of it

-Systems, Construction, & Site Bonus Questions: All of it

\* 10 minutes each day reviewing the last day's material plus one 30-minute review of Week 2 material.

## WEEK 4:

-Codes: All of it

-Codes Bonus Questions: All of it

\* 10 minutes each day reviewing the last day's material plus one 30-minute review of Week 3 material.

-Flashcards: PPD, PDD, and PA

-Schedule ALL remaining exam divisions for one month from now.

## WEEK 5:

-Practice Exams: PPD, PDD, and PA

-Take NCARB's Demonstration Exam <https://my.ncarb.org/Home/> and click on the "ARE 5.0 Demonstration Exam" in the right-hand column

\* NCARB also provides their own practice exams, which you can find in the "Exam" tab of your NCARB Record (must be test eligible to access). It will do you good to familiarize yourself with the interface NCARB uses in the demo and practice exams to prepare for the actual exams.

\* Plus one 30-min review of Week 4 and one 30-min review of Week 1 material.

## WEEK 6:

-Pro Practice: All of it

-Pro Practice Bonus Questions: All of it

-Flashcards: PjM, PcM, and CE

\* 10 minutes each day reviewing the last day's material plus one

30-min review of Week 5 and one 30-min review of Week 2 material

## WEEK 7:

-Practice Exams: PjM, PcM, and CE

-Review any content you do not fully understand

\* Plus one 30-min review of Week 6 material and one 30-min review of Week 3 material

## WEEK 8+9:

-Review the Amber Book Panic Notes the night before each exam and go into the testing center like you own it. Reschedule any exams that you did not pass for the earliest possible re-take date (possible exception: your fail report makes it look like you failed miserably with mostly level 4s. If this is the case, you might need to adjust your strategy. If you'd like help with this, email us at [info@amberbook.com](mailto:info@amberbook.com) and attach a copy of your fail report).

\*This advice based on cognitive science research. See "How We Learn" by Benedict Cary  
Copyright 2023, Amber Book