

WEEKLY ARE 5.0 PREP SCHEDULE

STUDY TIME: 12 HOURS/WEEK | 16 WEEKS

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LET'S GET YOU LICENSED!

* Additional steps to reinforce long-term recall

WEEK 1:

- -Systems: Thermal Section, HVAC Section, Plumbing Section, Electricity Section
- * When you get tired of the screen, spend 5 minutes each day flipping through the last day's material in the workbook to refresh your memory

WEEK 2:

- -Systems: Acoustics Section, Lighting Section, Miscellaneous Section, Practice Problems
- * 5 minutes each day reviewing the last day's material plus one 30-minute review of Week 1 material

WEEK 3:

- -Construction: Roofs Section, Wood Section, Steel Section, Concrete Section
- * 5 minutes each day reviewing the last day's material plus one 30-minute review of Week 2 material

WEEK 4:

- -Construction: Masonry Section, Enclosure Section, Structures Section
- * 5 minutes each day reviewing the last day's material plus one 30-minute review of Week 3 material

WFFK 5:

- -Use this week to catch up!
- * 30-minute review of Week 4 material

WEEK 6:

- -Site: All of it
- -Systems, Construction, & Site Bonus Questions: All of it
- * 5 minutes each day reviewing the last day's material plus one 30-minute review of Week 1 material

WEEK 7:

- -Codes: All of it
- -Codes Bonus Questions: All of it
- * 5 minutes each day reviewing the last day's material plus one 30-min review of Week 6 material and one 30-min review of Week 2

WEEK 8:

- -Flashcards: PPD, PDD, and PA
- * Flashcards include review content and additional content. Approach these the same way you would approach any other part of the course. plus one 30-min review of Week 7 material and one 30-min review of Week 3

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^{*}This advice based on cognitive science research. See "How We Learn" by Benedict Cary Copyright 2023, Amber Book

(CONT.)

WEEK 9:

- -Practice Exams: PPD, PDD, and PA
- * Treat these as a dress rehearsal for testing. Take the exams in one sitting in an environment that mimics your test taking environment. Plus one 30-minute review of Week 4 material

WEEK 10:

- -Use this week to catch up!
- * Skip ahead to Week 11 if you don't need to catch up

WEEK 11:

- Pro Practice: Through lesson 70
- * 30-minute review of Week 6 material

WEEK 12:

- Pro Practice: All remaining lessons
- Pro Practice Bonus Ouestions: All of it
- * 5 minutes each day reviewing the last day's material plus one 30-min review of Week 11 material and one 30-min review of Week 7

WEEK 13:

- -Flashcards: PiM, PcM, and CE
- *Flashcards include review content and additional content.

 Approach these the same way you would approach any other part of the course. Plus one 30-minute review of Week 12 material

WEEK 14:

- -Practice Exams: PjM, PcM, and CE
- * Treat these as a dress rehearsal for testing. Take the exams in one sitting in an environment that mimics your test taking environment

WFFK 15

- -Take NCARB's Demonstration Exam https://my.ncarb.org/Home/ and click on the "ARE 5.0 Demonstration Exam" in the right-hand column * It will do you good to familiarize yourself with the interface NCARB uses in their exams. You can also find NCARB's practice exams in the same column (must have active exam eligibilities to access).
- -Review any content you do not fully understand

WFFK 16

- Take all of your remaining exams!
- Review the Amber Book Panic Notes the night before each exam and go into the testing center like you own it.
- After you get your results, reschedule any exams that you did not pass for the earliest possible re-take date (possible exception: your fail report makes it look like you failed miserably with mostly level 4s. If this is the case, you might need to adjust your strategy. If you'd like help with this, email us at info@amberbook.com and attach a copy of your fail report.)... Retakes are a feature of this process, not a bug. Count the exams you passed in such a short time instead of dwelling on the ones you failed. Consider those divisions that you did not pass as expensive -but accurate practice exams.